

“Track-and-Field
sacred place”
Osaki Town

Kuninomatsubara Cross Country Course



We are developing a cross country course that can accommodate the training of long distance athletes training in the vast pine forest that lasts over 7 km. (To be completed in 2019)

The cross country course is 2 km, 1 km relatively flat and 2 km followed by a long rising slope. Because the entire course is in the pine forest, it is characterized by protect from wind and sunlight. It is making cool in summer and hardly affecting wind in winter



Outline Course (1km Road area Grassland area)

There are 3 reliefs on a relatively flat course and it is a course that runs up a slope of 2 m at maximum at 60 m. Because the road surface is grassland, burden on the feet will be able to practice without worrying about small injuries.

Incidental Facility

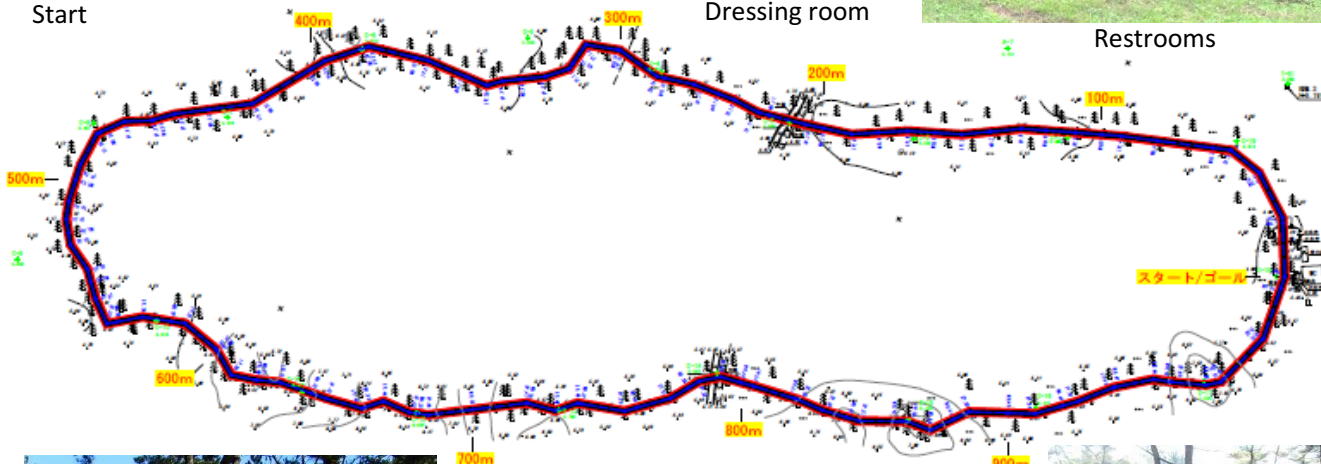
Course guide board, Distance display board, Changing room, Toilet



Start

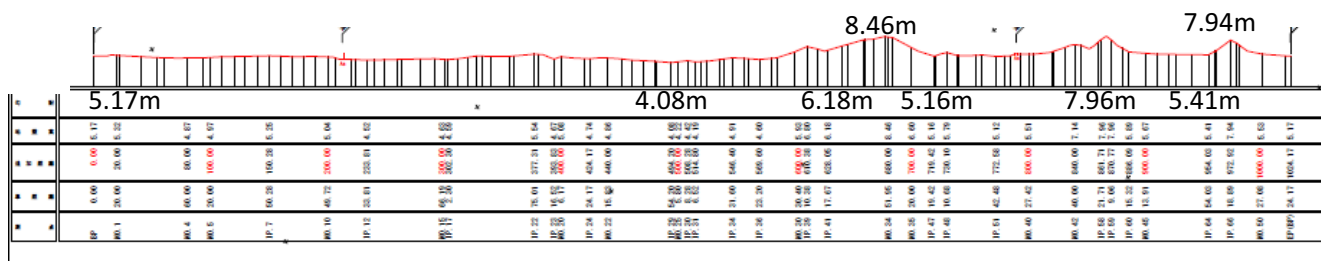
Dressing room

Restrooms



Direction display signboard

Start 100m 200m 300m 400m 500m 600m 700m 800m 900m 1000m



Outline Course (2km Road area Grassland area)

It is a course with 3 reliefs including a slope that runs about 6 m at 400 m,
 It is a course that can carry out training with increased load. Duplicate courses at intermediate points, you can check the position your players are in.

Incidental Facility

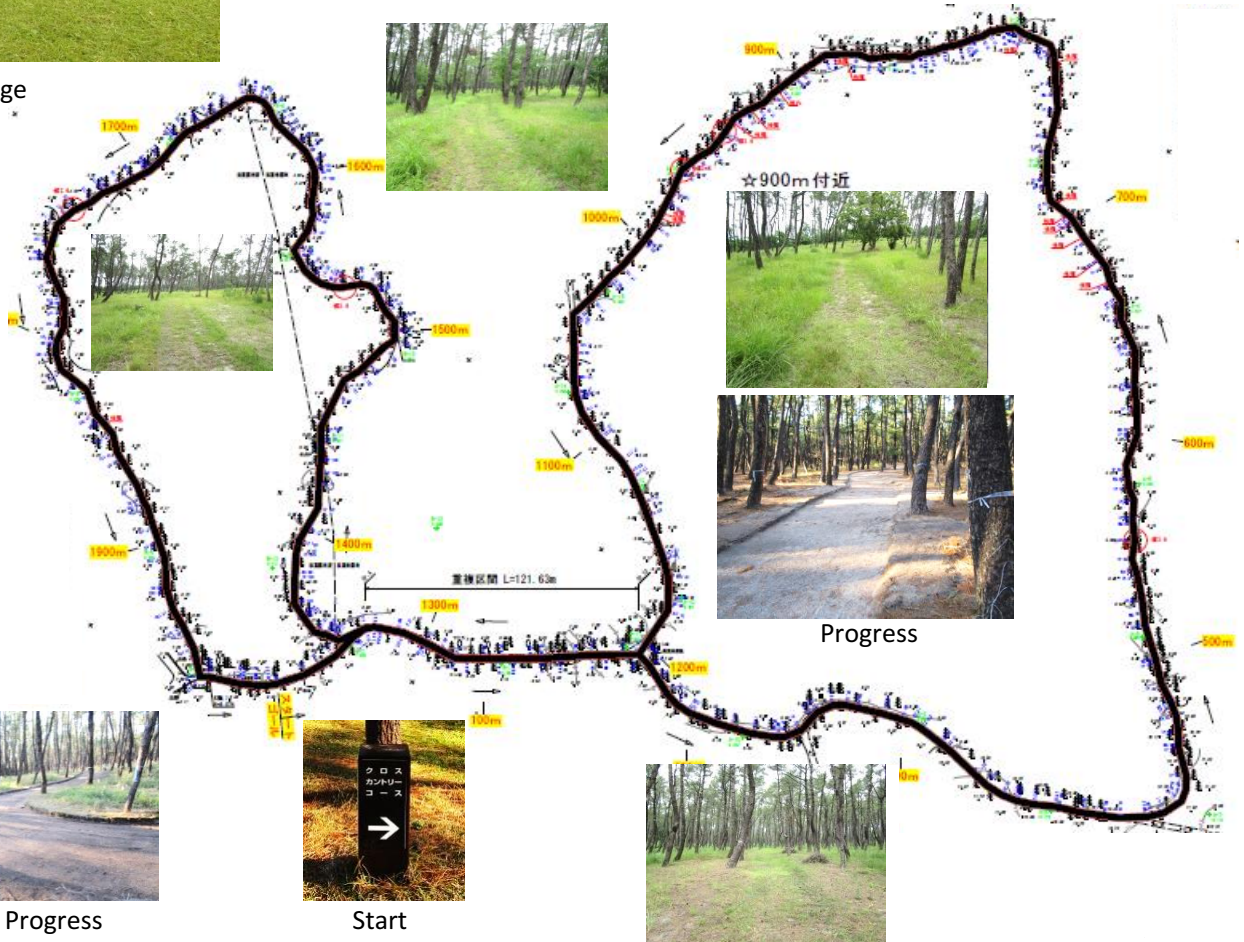
Course guide board, Distance display board, Changing room, Toilet



Dressing room

Parking lot

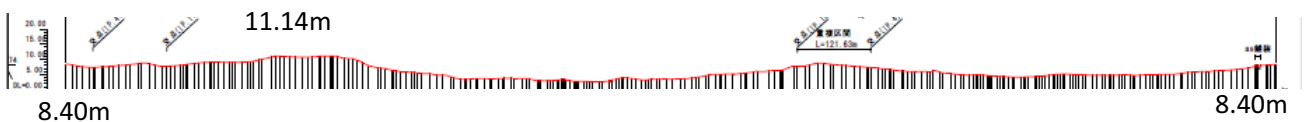
※Image



Progress

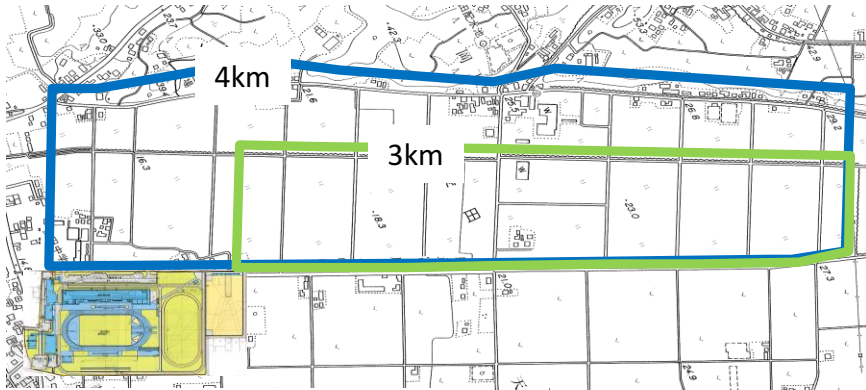
Start

Start 100 200 300 400 500 600 700 800 900 1000 1100 1200 1300 1400 1500 1600 1700 1800 1900 2000

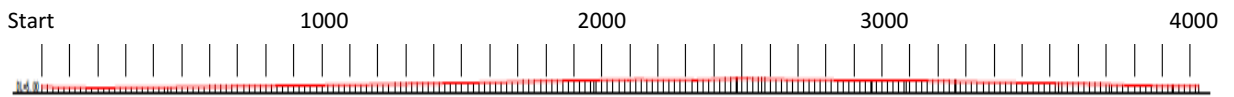


Road Course

We set road courses necessary for long-distance athletes training around the facility in the facilities, in the center, and we set too for a course guide board, a distance indicator board, and a direction indicator. (To be completed in 2019)



Osumi Track & Field Training Center



Accommodations (Asuparu Osaki Hotel)

It is accommodations facility equipped with hot spring (SPA), restaurant, Shop of food and agriculture Osaki Town product sales, lodging, located in the distance of 1.5 km to the Osumi Track & Field training center (tentative name)



| Outline Facilities | |
|--------------------|---|
| Type of Rooms | Western style (for 1 person) 3 rooms, Western-style room (for 2 person, twin bed) 2 rooms, Japanese style room 6 rooms |
| Transportation | From Kagoshima City by a car take about 1 hour 30 minutes From Kagoshima airport by car take about 1 hour 10 minutes |



Japan



Kagoshima

Osaki Town

Gulf of Shibushi

Gulf of Shibushi

